

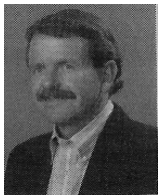


Transfer Factor

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Health Watch: Medical Field Praises Transfer Factor

Bennett, Ph.D.



For the past two decades, Dr. Bennett has made his presence felt in the scientific community. Since earning his doctorate in Comparative Pathology (Infectious Disease Microbiology) from the University of California-Davis in 1978, Dr. Bennett has gone on to work as a microbiologist at UCLA and has served as an advisor to many state and federal agencies including the FDA and USDA. Dr. Bennett currently holds the position of Environmental Science Advisor for the University of California Cooperative Education, North Bay Region.

Dr. Bennett has been involved with researching Transfer Factor for the past four years while working on a number of projects devoted to the study of this natural immune system booster.

Transfer factors are essentially messengers that help educate the immune system, Dr. Bennett said. "A transfer factor to a certain family of viruses can be sent to pre educate the immune system about that virus before the virus has actually been seen by the immune system." he said. "It's a rather remarkable concept."

Dr. Bennett added that the

Bennett, Ph.D.

Rob Robertson M.D.



For more than two decades, Dr. Robertson has devoted his life to the medical profession. Since earning his medical degree from the University of Louisville School of Medicine in 1974, Dr. Robertson has distinguished himself as a pioneer in the field of emergency medicine. His impressive professional accomplishments Maude serving as Director of Emergency Services at Western Baptist Hospital from 1977 until 1994. While actively practicing medicine. Dr. Robertson was a member of numerous medical affiliations including the American Medical Association, the Kentucky Medical Association, and the American College of Emergency Physicians. Dr. Robertson retired from active practice in 1998 to devote his time to the study of nutritional health including the use of Transfer Factor.

When asked to explain the difference between Transfer Factor and the cow colostrum from which it is derived in layman's terms, Dr. Robertson drew upon a useful comparison.

William Hennen, Ph.D.



Dr. Hennen has distinguished himself as one of the leading researchers in the nutritional supplement industry over the past two decades. With a doctorate in Bio-organic Chemistry, Dr. Hennen has devoted a great deal of his life to the academic and professional pursuit of nutrition and healthy living. He has published over 30 papers and patents on a variety of subjects including reducing the risk of breast cancer.

Most recently, Dr. Hennen authored a study devoted solely to Transfer Factor. This comprehensive study titled Transfer Factor: Natural Immune Booster draws upon a host of past research as well as Dr. Hennen's own expertise in the area. Dr. Hennen became more involved with the study of Transfer Factor in 1995 after attending a symposium where he was able to read numerous papers on the topic

At the symposium, many of the papers dealt with AIDS because it is a viral infection and Transfer Factor is very effective against viruses," Dr. Hennen said. "In fact, it's one

Duane Townsend, M.D.



Dr. Townsend has over 32 years of distinguished experience in the medical field. Since earning his medical degree from UCLA, Dr. Townsend has gone on to a career full of both academic and professional achievements. He has served as a Clinical Professor of OB/GYN at the University of Southern Ca, UCLA, and presently at University of Utah. As a practicing physician, Dr. Townsend pioneered a surgical technique for the treatment of premalignant disease of the uterine cervix. In addition, he has authored more than 90 papers in peer review journals as well as



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immunity provided by transfer factors is long lived and can help people of all ages who are suffering from a variety of ailments.

"There clearly appears to be some benefits for people suffering from a whole array of infectious diseases," Dr. Bennett said "Transfer factors given to these patients have the ability to re-awaken and re-arm the immune system. They are able to manage if not totally clear up the infection that they have."

Some of these infections result from new bacterial strains as well as known strains that have developed a resistance to antibiotics.

"Microbes that have heretofore been susceptible to an array of commercial antibiotics now have considerable resistance to the old antibiotics and, alarmingly, the new antibiotics as well," Dr. Bennett said. "As antibiotics are used clinically in human medicine as well as in agriculture, there is now good evidence that those combined uses have created an environment in which bacteria rapidly adapt anti-microbial resistance.

They develop this resistance to the extent that there are a whole host of human diseases that are essentially not treatable with the commercially available antibiotics. The new antibiotics are unlikely to be developed as fast as the microbes can develop resistance."

As a result, Dr. Bennett said that there is a large interest in the scientific community focused on finding alternatives to drug therapy for combatting infectious disease.

"Transfer Factor will be one of those approaches used to combat disease, he added

Dr. Robertson, M.D.
Continued from page 1

"Colostrum is like crude oil taken from the ground," he said. "Transfer Factor, on the other hand, is like jet fuel. You wouldn't get the same performance if you put crude oil in a jet plane."

According to Dr. Robertson, Transfer Factor performs three main functions based upon three separate qualities: the inducer transfer factor, the suppressor transfer factor, and the memory molecule transfer factor.

"The inducer transfer factors stimulate the immune system and keep it in a state of alert against an invasion," Dr. Robertson said. "The only way to ensure our survival is to have an immune system which is as alert as it can be."

"Next, the suppressor transfer factors make sure that the immune system isn't overactive and susceptible to autoimmune diseases," he added.

"Finally, the memory molecule transfer factors allow the immune system to create a memory bank of diseases which the body has been exposed to so the immune system can combat it if it should arise again," Dr. Robertson said.

Dr. Robertson commented on the usefulness of Transfer Factor in treating a variety of conditions when he said, "Transfer factors have been successfully used in parasitic, viral, bacterial, and fungal diseases as well as in cases of malignancies, neurological conditions, and autoimmune disease."

Due to Transfer Factor's ability to strengthen the immune system, Dr. Robertson is optimistic about its potential.

Transfer Factor is going to be the way to treat illness in the future," he said. "It will be the number one item we can take for preventative purposes."

Dr. Hennen, Ph.D.
Continued from page 1

of the few agents that we have that is effective in helping with many of the viral infections that we come in contact with."

The primary manner in which Transfer Factor is effective results from its ability to communicate immunological information from a donor to another source.

"Transfer factors are educational molecules. They educate the immune system and bring it to a point where it can actually know what to do to respond properly," Dr. Hennen said, "We're trying to strengthen the immune system so that it can perform its normal function."

At a speech delivered in Salt Lake City, Utah, Dr. Hennen expanded on the function of the immune system when he said, "If the immune system responds aggressively, you may not know your body has been stressed or attacked. Our medical ability to respond to viruses is limited, but Transfer Factor works with that part of the immune system that is most responsive."

Dr. Hennen notes studies and research in areas such as herpes, Chronic Fatigue Syndrome, Epstein-Barr Virus and Cytomegalovirus, hepatitis, AIDS, various fungal infections, parasitic infections, and symptoms related to cancer. In addition, this study describes the potential of Transfer Factor with auto-immune and neurological diseases such as Juvenile Rheumatoid Arthritis, Juvenile Diabetes Mellitus, atopic dermatitis, Autoimmune Thrombocytopenic Purpura, uveitis, Lou Gehrig's Disease, autism, Alzheimer's disease, epileptic seizures, and Multiple Sclerosis.

Using Transfer Factor to help treat these conditions will not compromise the safety of an individual, according to a report written by Dr. Hennen.

In this report, Dr. Hennen writes. "Transfer factor as an extract of colostrum is 'Generally Recognized as Safe' (GRAS) by the United States Food and Drug Administration. It is considered to have a safety profile similar to milk. It is known that a minority of the general population does develop certain forms of allergic reaction to milk and milk products. Lactose intolerance is also from the final product also removes the concern for any gastrointestinal distress associated with lactose intolerance."

In the same report, Dr. Hennen comments on the use of transfer factor in cases involving infants. He writes. "The suggested dosage for infants would be one capsule [200 milligrams] per day. Swallowing even a small capsule is not recommended for infants. The capsules are easily opened however. It is recommended that the capsule contents be poured out and mixed with formula or pureed foods prior to administration to an infant."

Citing three separate studies from noted and respected researchers. Dr. Hennen concludes his report on the safety of transfer factor by writing, "Transfer factor has

Dr. Townsend

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over 15 chapters in books. Presently, Dr. Townsend has a private practice mid is also serving as the Director of Gynecologic Oncology and Gynecologic Endoscopy at LDS Hospital in Salt Lake City, Utah.

Dr. Townsend became intrigued with the study of Transfer Factor when he understood the tremendous amount of research that has been conducted on it.

"I've been involved with medicine for more than 32 years so the science is very important to me," he said. "Transfer Factor is a science-based product with excellent data from a variety of researchers. There is no doubt in my mind (that it will make a big impact on the health of people."

That impact will result from the manner in which Transfer Factor strengthens the immune system. "Transfer Factor is basically a series of amino acids which are polypeptides," Dr. Townsend said. "They are very small with small molecular weights and they reside primarily in lymphocytes. "They sensitize the lymphocytes against the bacteria, viruses, and fungi.

When a person has these sensitized lymphocytes, which they get by taking Transfer Factor, the lymphocytes are ready to be mobilized and you can abort the infection. You don't get sick." Dr. Townsend speaks from experience about Transfer Factor as he has used it to treat himself.

"I have sort of a chronic oral herpes infection and I get frequent cold sores. They've been gone since I've been taking the Transfer Factor," he said. In addition, Dr. Townsend witnessed improvements in many of his patients as well.

"I've had patients with chronic herpes infections who are taking Transfer Factor on a regular basis and it's reduced the number of outbreaks," he said. "I've also had patients with chronic yeast infections and the Transfer Factor has reduced their infections as well."

Dr. Townsend also praises Transfer Factor for its ability to treat individuals with chronic illnesses characterized by colds, sore throats, and sinusitis. In my opinion, it's really amazing how this stuff works," he said. Stressing the need to take a consistent dosage. Dr. Townsend suggests taking two to three 200 milligram capsules and increasing that when an individual feels an infection coming on. After the infection has been stopped, the person should back down to the maintenance dose, according to Dr. Townsend.

Like many other medical and scientific experts, Dr. Townsend recognizes Transfer Factor's ability to strengthen the immune system as the key to its effectiveness.

"I'm a cancer physician. I primarily treat female cancer and certainly encourage my patients who are undergoing chemotherapy and radiation therapy to take Trans-

FIBROMYALGIA & CFS RELIEF

MARY MOELLER



Mary Moeller

(Author of Fibromyalgia Cookbook: A Daily Guide to Becoming Healthy Again): I started out with symptoms of fibromyalgia when I was 12-years-old. I was finally diagnosed in 1986. In 1992 my daughter was also diagnosed with fibromyalgia after a bout with Lyme Disease. It became apparent to me then that somehow I had to find a way to become healthy and to stay healthy for my daughter's sake and for mine, also. I had a doctor in Iowa who helped me treat fibromyalgia as an immune system breakdown which helped me to know what to do to begin the healing process and get well again. For the next four or five years I tried one thing after another, spending a lot of money trying to see if each product would work; most of the time I was very frustrated because it didn't seem to help. Then I came into contact with Transfer Factor along with some complementary supplements and they have worked very well with me. I'm very sensitive and can tell almost immediately if a product is working or doing me any good.

These supplements, including Transfer Factor, are the top of the line and I think it's the best choice anyone can make for fibromyalgia and chronic fatigue syndrome.

Bacteria in Blood Under Control Within 12 Hours

SUE BRENCHEY:



Craig and Sue Brenchey

I have a pretty interesting experience with Transfer Factor that I'd like to share. I went down and had a live blood analysis because I wanted to measure the progress of my immune system. During that blood test, some bacteria were identified in my blood. The technician asked me if I had been sick, which I had not. I went on about my business and about six hours later became deathly ill -- I mean to the point where I was on the freeway and I could not even think about how I was going to get home. I was fevered and chilled and dizzy, with headaches. I got home and took three Transfer Factor. I went to bed -- that was about midnight. I got up at 5 am. and took three more Transfer Factor. By that time I had a sore throat and swollen glands and still had a fever and chills. I have fibromyalgia and have had these types of infections before and they usually put me in bed for a week and it's about a three-week recovery. I got up at 9 A.M. and took three more Transfer Factor and took three more at 11 a.m. By 12:30 p.m. that day I was grocery shopping and felt 98% normal. I continued to take Transfer Factor every few hours throughout the day and into the following day. I am still healthy. The most incredible part of my story is that I have a videotape of what my blood looked like with the bacteria in it. As I talked to the technician, he explained to me that these bacteria only live about two to three hours, but before they die, they give birth to 300 offspring each. That's why I became so ill within a short period of time. The amazing part is that the Transfer Factor was able to get my bacteria under control within a 12 hour time period.

Transfer Factor: Immune System Miracle

Imagine an immune system Capable of recognizing an infection and fighting it off before it could do any significant damage. Imagine if that same immune system also had the potential to battle existing con-ditions because of its enhanced strength.

With Transfer Factor, the latest advancement in natural health care with nearly 50 years of research behind it, such an immune system can move from the realm of the imagination into reality.

Transfer Factor is a natural food supplement that comes from colostrum which is the first few days of milk produced by cows and used to nurse their newborn calves. Not only does colostrum contain the properties of normal milk, this rich liquid also possesses immune system enhancing qualities.

These Transfer Factor molecules are separated from the colostrum using a patented advanced filtration process, the fat cells present in the colostrum are also removed along with the precipitative proteins, many of which are the cause of allergic reactions in some people This filtration process results in a fluid which is virtually free of any potential allergenic materials. From this fluid, the Transfer Factor molecules can be further filtered. Once isolated, the Transfer Factor material is encapsulated in gelatin capsules. No other ingredients are added to these capsules leaving only the Transfer Factor.

In essence, Transfer Factor strengthens and aids the immune system delivering vital immunological information from one source to a recipient. This valuable information educates the new cells by teaching them how to deal with an attack by disease or infection. Through the Transfer Factor, the new cells are able to benefit from experience of the donor source in terms of fighting off infection and disease.

While Transfer Factor is new to the commercial market, this natural immune system enhancer has a long research history dating back nearly 50 years.

Dr. H. Sherwood Lawrence coined the term "Transfer Factor" in 1949 study of tuberculosis when he discovered that an immune response could be transferred from a donor to a recipient.

During the time period between Dr. Lawrence's study and Transfer Factor hitting the commercial market, the research continued.

Thousands of papers devoted to the study of Transfer Factor have been written in addition to conferences and symposiums focused on this natural immune booster.

Recently, a symposium on Transfer Factor was held in Italy, where Transfer Factor researcher Dr. D. Viza spoke about the potential of Transfer. Factor in an era when "the toll of several diseases, such as cancer. continues to rise and the pathogenesis of AIDS remains elusive."

Medical and scientific research suggests that Transfer Factor has the potential to aid in the battle against these deadly diseases along with numerous other ailments and infections that afflict millions of people worldwide.

As a result, the health world has been forced to face a dilemma in terms of disease and infection due to a number of factors.

One of these factors is the ability of some bacteria to resist antibiotics designed to fight them. Add to this diminishing water quality along with the problems caused by rapid international travel in relation to the spread of disease. When viewed in this scope, the threat of infection is further heightened.

In addition to these sobering facts comes another well again. For the next four or five years I tried one thing after another, spending a lot of money trying to see if each product found that at least 29 new microbial pathogens were identified between 1978 and 1995.

As the research indicates, Transfer Factor seems to possess the ability to pass along immune system boosting information from the colostrum of a cow to the human body. As the threat of disease and infection grows at an alarming rate, Transfer Factor may be the just the line of defense needed to aid in the battle to achieve a healthy way of life.

TRANSFER FACTOR FIGHTING LUPUS

LOLA NESBITT: I contracted systemic lupus at age 11 and have experienced many difficult periods over the past 13 years. In the early years it attacked my central nervous system and radical measures were required to slow the disease. I had two rounds of chemotherapy and several steroid pulse treatments. I've been taking steroids daily in varying doses all these years, but have continued to have several. reoccurring episodes every

I have taken vitamins and herbs, along with various other supplements. I have also tried juicing for extended periods of time and continue to make juicing part of my diet.



Patti Tabish

While these have helped off and on, nothing really stuck for any length of time. I have tried anything that I thought would help me control my health so I could stop taking steroids.

About four months ago I felt the onset of another lupus episode. I developed a pain in my chest constricting my breathing. The pain continued to get worse so that I finally called my doctor, who sent me to a cardiologist. He told me that I had paracaritis and that I would have to increase my prednisone. I do not like taking prednisone and I don't like increasing my dosages.

I began taking Transfer Factor along with some other supplements that night. - I also decided that I would not increase my dosage of prednisone as much as the doctor. had prescribed. The next day I felt an improvement in my breathing and the pain had lessened. For the next couple of days I continued with the Transfer Factor and the supplements. I was feeling great and I reduced my prednisone to the normal amount. The next week I went in for an ultrasound to check for fluid around my heart. There was none at all - it had completely disappeared. The nurse remarked. "Boy, those steroids really did their job!" I just smiled and said. "I guess so." But I was really thinking, This Transfer Factor stuff must work, because I know that it's not the steroids!"

I have been taking Transfer Factor for almost four months and I believe it has helped me tremendously. I have more energy and am able to keep a full-time job. I still have days when I am tired and feel achy. but it seems like not as often as usual. I have

struggled for 13 years trying to find things to deal with my lupus symptoms. I am taking this one step at a time and not getting my hopes too high, but at the same time, I am feeling great and doing great.

I know that Transfer Factor may not cure my lupus, but it can improve the way I feel and look at life. This has been a blessing and an answer to my prayers. I'm thankful that Transfer Factor has come into my life and made me feel better and happier. I've never felt better about a product in all my years of trying. It works for me!

TRANSFER FACTOR HELPED US GET PREGNANT AGAIN

NADINE NAPOLITANO:

I had an imbalance and no one could figure out what it was. It started about three years ago when I had a very bad miscarriage in my fifth month and no one knew what had caused it. Ever since then, even thing has been out of balance. So for three years I was unable to get pregnant. Then after three or four months of being on the Transfer Factor every-thing seemed to level off and we are happily pregnant again. The only thing that we can think of is that it had to be the Transfer Factor because it was the only thing that I did differently in my life at that point in time.

I've also had an infection in my ears probably since I was 6-years-old. After two weeks of being on Transfer Factor, I happened to notice that the one ear that's been bothering me the most all these years with scar tissue started to feel different -- like I could hear a little better. Then all of a sudden, I started to notice that I was getting this metal taste in my mouth. I thought, "Where

the heck is that coming from?" It was like I was sucking on a metal rod and it was terrible. After about a week and a half, it started to die down a little bit. I noticed that my memory came back better than it was prior to that. All I could think of was that whatever was in that ear area, the Transfer Factor is killing it and allowing the toxins to be released out of the body. I've been able to flush it out. I've been quite thankful for that.

My husband hadn't said a word since he's been on it. but finally he looked at me and said, "I didn't want to tell you anything either, but look!" He showed me his hand. He had this fatty tumor on his hand when he contracted Lyme disease. It's been there for probably about six to eight months. It was about the size of a small grape. He showed me his hand and said. "Look! It's gone!" I couldn't believe it. There's another tumor behind his ear, which is decreasing in size, too. Needless to say, all the kids are on it.

Recently, my 4-year-old little girl developed what appeared to be a bladder infection. She had the sore-ness and couldn't go to the bath-room. She usually takes one Transfer Factor a day and I increased her intake to six that day. Within 24 hours, my daughter's bladder infection was under control and that was the end of it and she was back to normal. It knocks out any of those little things that people would normally run to a pediatrician for.

3 MONTH ILLNESS STOPPED COLD

PATTI TABISH (Medical Assistant):

My 15-month-old granddaughter was sick with a chronic cold. There was a lot of coughing and stuffiness. It was all upper respiratory. My daughter had her in the doctor's office constantly. It just wasn't treatable. It had been going on for about three months. The baby was up all night crying and coughing. It was awful. We took a Transfer Factor capsule and opened it up and sprinkled a little bit of it in her formula. My daughter started doing that and within seven days she was over it and hasn't been sick since.

In the medical field, I do see it becoming more integrated in our work. We have some of our patents with different things like recurrent yeast infections that they've suffered from for years. Those things break down the immune system after a while and that makes things progressively worse. We put some of our patients on Transfer Factor who have had these things and they are better now. I really believes that it works on the immune system.

CHRONIC -SINUS PAIN RELIEVED

ALLY KNELL: I want to talk about Transfer Factor. I think every family should have some. It not only builds your immune system, but when you're feeling ill or not feeling well, you can take extra and the symptoms are gone within 24 to 48 hours, for the most part. For example, I take four or five capsules two to three times a day and my allergies are gone. I have some chronic sinus problems -- Transfer Factor takes care of that, too.

I've been very pleased with the Transfer Factor. My children will take it. If they have strep throat or an itch in their throat and we know they're catching something, we give Transfer Factor to them immediately and in 24 hours it's gone.

BIG BOOST FOR IMMUNE SYSTEM

AUDREY CAMPBELL:



I got sick when I was about 13-years old and I had to drop out of school. I was basically in bed for the majority of six years. My doctor figured that I had little or no immune system left. I was always sick with colds, sore throats, and ear aches. My doctor

thought we should try the Transfer Factor to see if we could build up my immune system. So I started taking Transfer Factor about four months ago and it's been incredible. I'm not sick anymore. It's been a couple of months since I've had an ear irate or a sore throat.

I have a job now and I never did before. I have a life now. I know that Transfer Factor is working for me. It's so nice to be living life again.

BLOOD SUGAR, and BRONCHITIS UNDER CONTROL

RAY MEURER: I first started using Transfer factor because I've had some immune system challenges in the past. I'd get a cold that turned into bronchitis five or six times a year. It kind of wears me down. It always seems to be about a two to five week period and it becomes a bronchial thing. It breaks and goes away. My blood sugar would also swing back and forth and that's not good for your immune system.

I saw Transfer Factor as a breakthrough product and I wanted to put it to the test. The whole family started taking it. The bottles of it just went. I got an almost immediate report from both my wife and my son that she thought it was helping them with their Attention Deficit Disorder (ADD). They were much clearer and also less susceptible to allergic-type foods. It was helping them a lot with that.

We then ran out of Transfer Factor and were out for about five days. I got this ear infection and I had had it once before – but only once. The last time I had it, the whole thing took a little over two weeks to clear up after trying other supplements and eventually going to the doctor for expensive antibiotics. This last time, I go the ear infection on a Wednesday and I had

to be on a plane on Friday. On Thursday, the Transfer Factor came and I took about 10 Transfer Factors. Four hours later

I took four more and four hours after that four more. I went to bed that night and when I woke up in the morning the ear infection was gone. It was unbelievable. It worked really fast.

Since then, just about everybody in the family has a story about Transfer Factor.

My son went away to camp and he caught some kind of bug. He came back from camp and we gave him four Transfer Factors and then waited about five hours and gave him four more. He went to bed and woke up the next morning and got rid of all the phlegm he had and after that he was fine.

My wife, who's a nurse, said it looked like a broken up cold and she had seen that before and said a thing like this should usually take about five or six days to clear up.

My daughter, who baby-sits for the neighbor, used to get sick from all kinds of viruses and things and she hasn't gotten any thing since using the Transfer Factor.

We are totally amazed. It's so obvious that when you get sick and use the Transfer Factor – boom – it's gone. It also helps a lot with the blood sugar. If I eat bad stuff, I go to bed and have to get up to urinate frequently and there is a lot of sweating. With Transfer Factor that doesn't happen.

Over all, we have a great sense of well-being. I just feel healthier and less stressed.

TRANSFER FACTOR QUICK TO FIGHT OFF THE FLU

RITA ELKINS: I have done so much research on supplements that are designed to augment or boost the immune system and when you get sick, you could end up taking huge quantities of some of these supplements to try to conquer whatever it is that is invading.

Our experience with Transfer Factor has been great. When we are coming down with something we just take between three and eight small Transfer Factor capsules per day. That seem to be more efficient than using some of the supplements that work from the outside. The idea of revving up the immune system from within, the idea of a wake-up call seems to me a much better way to work with some of these organisms. It is the kind of high-tech, cutting edge immune system-building that makes a lot more sense to me. We have had extraordinary results. We've had flus, we've had strep; we've given Transfer Factor to the baby -- opened up a

capsule and put it in some mashed bananas – and she has overcome what was a very serious cold or flu-like disease in two or three days without antibiotics. Another experience I had with Transfer Factor happened a couple months ago. I came down with a very bad case of influenza. I had swollen glands, a high fever, a very bad sore throat, a cough -- and I

had to give a lecture the next day. I doubled up my dose of Transfer Factor that day and the next day would say within 48 hours from the start of the infection, it had resolved itself and I was up and around -- which was absolutely amazing for me since that's not my pattern at all.

'We've cleared out all the other supplements we have in our cupboard and put in Transfer Factor instead. I feel that this is the type of immune reinforcement that will emerge in the 21st century as a high-tech kind of medicine. For us, Transfer Factor is something that we just don't want to be without.

HAND TREMOR GONE IN WEEKS

MIKE WILSON: I started on Transfer Factor about three and a half weeks ago. I've had a problem with a tremor in my hands since grade school. Recently, the screw came out of my glasses and fell on the floor. Standing- straight up, I saw the screw on the floor -- I think that I've been able to see better since I've been on the Transfer Factor. I picked the screw up off the floor and put it back in the glasses with my hands. There is no way that I could have done that four weeks ago. It would have been completely impossible. My hands would have jumped at least two or three inches. It's been one of the best blessings that I've had in my life. My sinuses have also cleared up. In the last two or three weeks, when I wake up in the morning, I have no sinus drainage. I feel wonderful.